

PADMAKSHA BOOPATHY

SENIOR BHARATANATYAM STUDENT |
PERFORMER | CHOREOGRAPHER |
EVENT ORGANISER



Padmaksha Boopathy is an alumna of Sadhguru Gurukulam Samskriti, an alternative education system envisioned by Sadhguru. She is a skilled and committed practitioner of Bharatanatyam and demonstrates a natural flair for hand painting. She is known for her discipline, artistic sensitivity, and continuous pursuit of excellence.

EDUCATION & TRAINING



Padmaksha began her journey in Bharatanatyam 15 years ago and continues to explore new dimensions of the art with dedication and grace. She developed her skills through the holistic education system at Sadhguru Gurukulam Samskriti, inspired by art, science, and culture. Her training has been deeply influenced by renowned teachers from Kalakshetra, shaping her strong classical foundation.

Currently, she is receiving advanced training under Guru KH Khanna.





PERFORMANCES & CONTRIBUTIONS

Natyanjali Festivals: Participated in Natyanjali Festivals in Karur, Kumbakonam, and Chidambaram.

Cauvery Calling: State-wide performance tour through Tamil Nadu and Bangalore as part of the cauvery calling event.

Nitya Akhanda Nritam: Took part in Nitya Akhanda Nritam, a Bharatanatyam marathon relay conducted by Ganesa Natyalaya in Delhi. A 24-hour Bharatanatyam marathon relay led by Smt. Rama Vaidyanathan in Delhi, where Padmaksha participated alongside accomplished dancers to create a record-breaking event.

Navratri and Mahashivaratri at Isha Yoga Center Coimbatore : Performed solo and in groups at the Navratri and Mahashivratri celebrations (2016-Present). At the age of 10, she got an opportunity to take part in the project that Anitha Rathnam performed during Mahashivratri.

Rotary International Convention & Rotary Foundation: Performed at the Rotary International Convention & Rotary Foundation, Mumbai.

Naga and Adiyogi consecrations: Performed at the Naga and Adiyogi consecration in Sadhguru Sannidhi Bengaluru.

Save Soil: Contributed to the Save Soil movement as part of Project Samskriti, performing across the Middle East and India to raise awareness through dance.

“Meet, Mingle, Meditate” program: Group recital as part of the “Meet, Mingle, Meditate” program held in London, Paris, and Milan.

Project Samskriti’s Anumarga: Performed across the United States, covering various cities as part of Project Samskriti’s Anumarga.



WORKSHOPS ATTENDED

Meenakshi Chitharanjan: Focused on refining her classical Bharatanatyam technique with an emphasis on intricate footwork and expressive abhinaya.

Archita Mehta: Aimed at perfecting stage presence and storytelling through dance, enhancing the emotional connection with the audience.

Bragha Bessell: Known for her mastery of abhinaya (expressive storytelling), this workshop deepened Padmaksha's ability to convey complex emotions through subtle gestures and facial expressions.

Rama Vaidyanathan: Centered on dynamic movement and innovative choreography, blending tradition with modern interpretations of Bharatanatyam.

Leela Samson: Focused on enhancing grace, posture, and the spiritual aspect of the dance, ensuring a holistic approach to the art form.


Praveen Kumar: A comprehensive exploration of nritta (pure dance), with a focus on clean lines and precise rhythm.

Parshwanath Upadhye: Provided training in blending athleticism and artistry, helping dancers achieve both physical agility and expressive depth.

Shruthi Gopal: Specialised in advanced rhythmic patterns and talas, with an emphasis on synchronising footwork with complex musical compositions.

Aadhithya PV: Focused on the nuances of improvisation within Bharatanatyam, encouraging creative expression while adhering to traditional frameworks.

Anupama Kylash: Studied under an expert in the Vilasini Natyam tradition, gaining deep insights into this classic form from Andhra Pradesh and learning its cultural and historical significance.



Sheejith Krishna: Engaged in workshops with Sheejith Krishna, a versatile Bharatanatyam choreographer and teacher, learning the blend of traditional and modern elements in choreography.

Workshops Conducted by Padmaksha:

Deeply committed to taking Indian classical dance to a global audience, Padmaksha has conducted workshops internationally across the USA and Dubai, as well as in major Indian cities, including Pune and Bengaluru.