

# KODHAI SHRI

SENIOR BHARATANATYAM STUDENT  
| PERFORMER | YOGA TEACHER



Kodhai Shri is an alumna of Isha Samskriti, an alternate education system envisioned by Sadhguru Jaggi Vasudev. She is a passionate and dedicated Bharatanatyam dancer, and a trained Hatha Yoga teacher.

## Education & Training



Kodhai Shri began her journey in Bharatanatyam at the age of 7 and continues to explore this beautiful art form. Her training has been deeply influenced by renowned teachers from Kalakshetra.

Currently she is training under the mentorship of Bristy Rani, K H Khanna and Radhe Jaggi. Additionally offering Hatha Yoga, an unparalleled 21 week program designed by Sadhguru to learn and offer Classical Hatha Yoga to many others.

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Exp Date: 09/05/2033



## PERFORMANCES & CONTRIBUTIONS



- Performed in groups in the Mahashivaratri, Navaratri, and Tamil new year Celebrations held at Isha yoga center.
- Participated in performances as part of the Kavery calling movement which took place across Tamilnadu creating awareness.
- Performed in the Karur Natyanjali in the year 2018.
- Successfully completed her Arangetram (solo debut) at Isha Yoga Centre, marking a significant milestone in her Bharatanatyam journey.
- She was part of a group rendition in Udupi Shri Krishna temple and in Mangalore LIT fest 2024.



## WORKSHOPS ATTENDED



### **Leela Samson :**

Attended workshop with renowned dancer and teacher, Guru Leela Samson, focusing on the purity of movements, spiritual depth, and technical excellence, with teachings rooted in Kalakshetra Bani tradition.

### **Sheejith Krishna :**

Engaged in workshop with a versatile Bharatanatyam choreographer and teacher, learning the blend of traditional and modern elements in choreography, as well as his multidisciplinary approach.

### **Rama Vaidyanathan :**

Attended a workshop with one of the most renowned Bharatanatyam dancers, focusing on the emotional and storytelling aspects of dance, along with technique refinement.

### **Anupama Kailash :**

Studied under an expert in the Vilasini Natyam tradition, gaining deep insights into this classic form from Andhra Pradesh, learning its cultural and historical significance.

### **Bhavajan Kumar :**

Engaged in workshops with this emerging Bharatanatyam artist, focusing on abhinaya and the integration of classical and modern themes.