

# PADMAKSHA BOOPATHY

SENIOR BHARATANATYAM STUDENT  
| PERFORMER | CHOREOGRAPHER |  
EVENT ORGANISER



Padmaksha is an alumna of Isha Samskriti, an alternate system of education envisioned by Sadhguru Jaggi Vasudev. She is a skilled and dedicated student of Bharatnatyam and hand painting.

## Education & Training



Padmaksha began her journey in Bharatanatyam 15 years ago and continues to explore new dimensions of the art. Her training has been deeply influenced by renowned teachers from Kalakshetra. Currently, she is receiving advanced training under KH Kanna and Brishti Rani.



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## PERFORMANCES & CONTRIBUTIONS

- Participated in Natyanjali Festivals in Karur, Kumbakonam, and Chidambaram
- State-wide performance tour through Tamil Nadu and Bangalore as part of the cauvery calling event.
- She also got an opportunity to be part of Nitya Akhanda Nritam, (Bharatanatyam marathon relay) conducted by Ganesa Natyalaya in Delhi the 24 hours Dance performance relay by Smt. Rama Vaidyanathan which broke a record.
- Performed solo and in groups at the Navratri and Mahashivaratri celebrations at Isha Foundation (2016-Present). At the age of 10 she got an opportunity to take part in the project that Anitha Rathnam performed in Mahashivratri at Isha foundation.
- Performed at the Annual Conference of Rotary International & Rotary Foundation, Mumbai
- Performed at the Naga and Adi Yogi consecrations in Nepal and Bangalore ashrams.
- She Also took part in the Save soil movement, (conscious planet) started by Sadhguru, where Project Samskriti joined the movement from the Middle East and throughout India spreading awareness through Dance.
- Group performance in Nepal as part of the Save the Soil campaign.
- Group recital as part of the MMM (Meet, Mingle, Meditate) Program in London, Unesco in Paris, and Milan.





## WORKSHOPS ATTENDED



- **Meenakshi Chitharanjan:** Focused on refining classical Bharatanatyam technique, with an emphasis on intricate footwork and expressive abhinaya.
- **Archita Mehta:** Aimed at perfecting stage presence and storytelling through dance, enhancing the emotional connection with the audience.
- **Bragha Bessell:** Known for her mastery of abhinaya (expressive storytelling), this workshop deepened Janapriya's ability to convey complex emotions through subtle gestures and facial expressions.
- **Rama Vaidyanathan:** Centred on dynamic movement and innovative choreography, blending tradition with modern interpretations of Bharatanatyam.
- **Leela Samson:** Focused on enhancing grace, posture, and the spiritual aspect of the dance, ensuring a holistic approach to the art form.
- **Praveen Kumar:** A comprehensive exploration of nritya (pure dance), with a focus on clean lines and precise rhythm.
- **Parshwanath Upadhye:** Provided training in blending athleticism and artistry, helping dancers achieve both physical agility and expressive depth.
- **Shruthi Gopal:** Specialised in advanced rhythmic patterns and talas, with an emphasis on synchronising footwork with complex musical compositions.
- **Aadhithya PV:** Focused on the nuances of improvisation within Bharatanatyam, encouraging creative expression while adhering to traditional frameworks.
- **Anupama Kylash:** Studied under an expert in the Vilasini Natyam tradition, gaining deep insights into this classical form from Andhra Pradesh, learning its cultural and historical significance.
- **Sheejith Krishna:** Attended workshops with a versatile Bharatanatyam choreographer and teacher, learning the blend of traditional and modern elements in choreography, as well as his multidisciplinary approach.