

isha
PROJECT
Samskriti

Classical Music Dance Kalaripayattu

Offering Indian Classical
Arts to the World

An endeavor to nurture, showcase
and preserve the magnificence of
Indian classical arts as possibilities
for transformation and inner growth





Envisioned by Sadhguru, Project Samskriti is a contemporary ensemble performing and offering Indian classical arts across the globe.

Seamlessly blending classical dance, music and martial arts into a breathtakingly exuberant expression of art and spirituality, Project Samskriti transcends cultural boundaries and captivates audiences of all backgrounds.



Each performance is an attempt to bridge the past and the present, allowing the timeless beauty and wisdom of Indian classical art forms to enrich and enhance the lives of our audiences.

"Indian classical music and dance are not just for entertainment – they are designed to elevate your consciousness."

Sadhguru



The troupe comprises of alumni of Isha Samskriti – a unique school in southern India, where children begin training in Indian classical arts at the age of eight.

Having imbibed these ancient arts as a part of themselves, they exude the graceful power of Kalaripayattu and embody the perfect balance of Bharatanatyam, making their every movement and expression a delight to behold.



isha
PROJECT
Samskriti
Classical Music Dance Kalaripayattu



isha
PROJECT
Samskriti
Classical Music Dance Kalaripayattu



isha
PROJECT Samskriti
Classical Music Dance Kalaripayattu



Workshops

Project Samskriti offers in-person workshops and online courses in Indian classical dance and music, and Kalaripayattu, – one of the oldest martial art forms.

At a time when these art forms are commonly approached as a hobby or extracurricular activity, Project Samskriti offers them as tools for transformation and wellbeing.



- ... Increase flexibility and agility
- ... Improve coordination and balance
- ... Develop greater awareness of body, mind and emotions

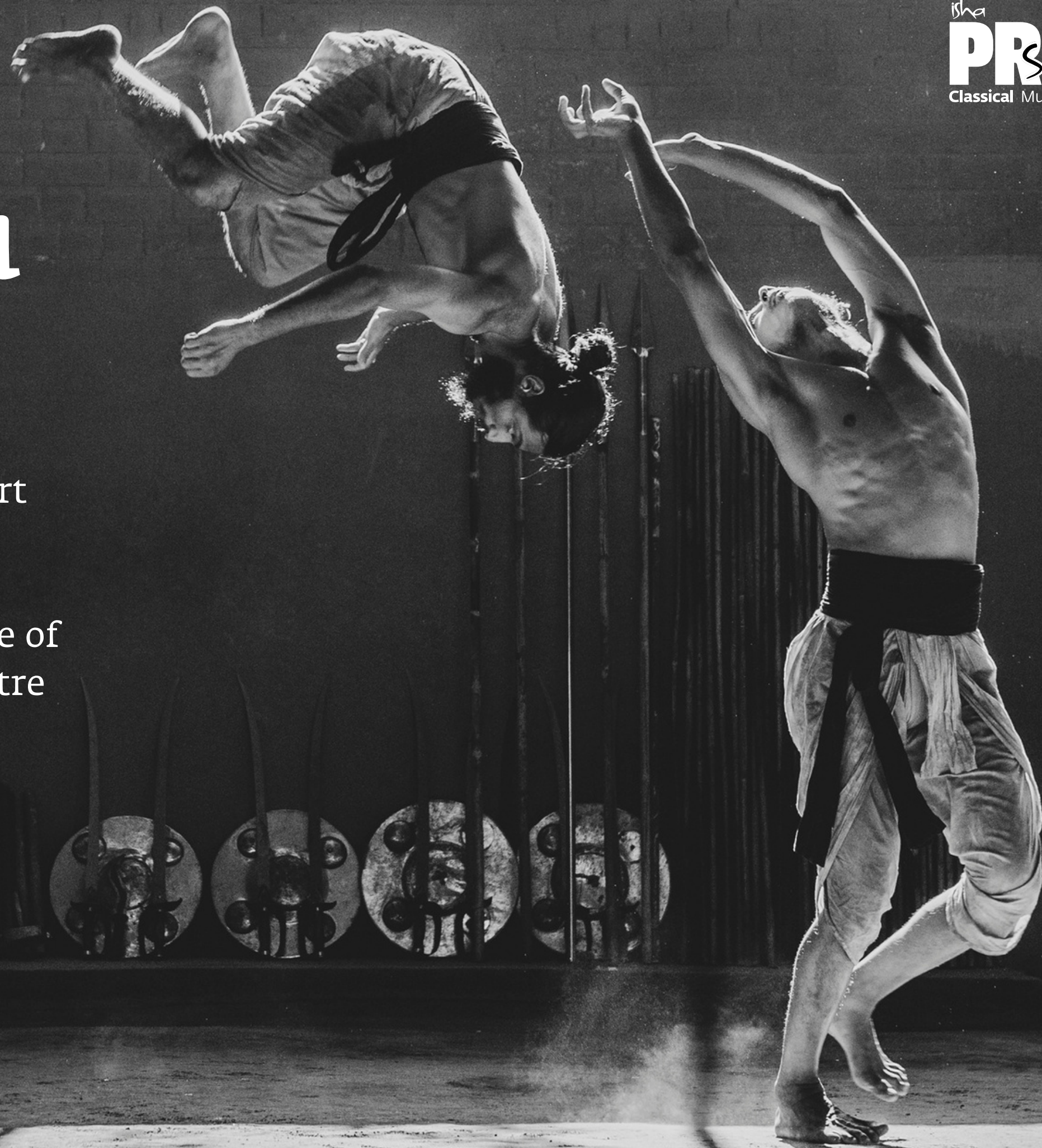


Kalaripayattu

Known as “the mother of all martial arts,” Kalaripayattu is said to have originated from the Dhanurveda, a scientific treatise on the art of warfare in ancient India.

Today, the art form is re-emerging as a source of inspiration for self-expression in dance, theatre and fitness.

Kalaripayattu increases one’s flexibility and agility, and strengthens the muscles without the need for any external equipment.



Classical Indian Music

Emerging from an experiential understanding of life and creation, Indian classical music and chants have served as a catalyst for individuals to unlock their full potential.

In recent years, an array of scientific studies has substantiated their diverse benefits for physical and mental wellbeing.



Bharatanatyam

Bharatanatyam is one of the oldest classical dance forms. Originating in southern India, Bharatanatyam gives form to the complex melodies and rhythms of Indian classical music through precise yet dynamic movement.

Practicing Bharatanatyam heightens awareness of one's body, mind, and emotions, leading to balance and stability.



Art in Action

Over the years, Project Samskriti has captivated global audiences, enchanting them at events with viewerships exceeding 140 million.

In 2022, Project Samskriti proudly supported Conscious Planet – Save Soil, a global movement for soil revitalization led by Sadhguru, a Yogi and mystic involved in several large-scale environmental initiatives for over 2 decades.

As part of the Save Soil movement, Sadhguru embarked on an arduous 100-day, 30,000-km motorcycle journey across 27 countries to create public and political awareness.

Project Samskriti performed in major cities along Sadhguru's route, performing live for tens of thousands of people across the Middle East and India. This tour included performances in Baku, Amman, Tel Aviv, Riyadh, Manama, Abu Dhabi, Dubai, Muscat, and several cities in India.





Contact

info@projectsamskriti.org