



Sadhguru

Sadhguru at the World Economic Forum in Davos



About Sadhguru

Sadhguru is a yogi and visionary. Named one of India's 50 most influential people, Sadhguru's work has touched the lives of millions worldwide through his transformational programs. Sadhguru has a unique ability to make the ancient yogic sciences relevant to contemporary minds. His approach does not ascribe to any belief system, but offers methods for self-transformation that are both proven and powerful.

An internationally renowned speaker and author of the New York Times Bestseller *Inner Engineering, A Yogi's Guide to Joy*, Sadhguru has been an influential voice at major global forums including the **United Nations** and the **World Economic Forum**, addressing issues as diverse as socioeconomic development, leadership and spirituality. He has also been invited to speak at leading educational institutions, including **Oxford, London Business School, IMD, Stanford, Harvard, Yale, Wharton** and **MIT**. In February 2017, Sadhguru was the recipient of the Padma Vibhushan Award by the Government of India, the highest annual civilian award, accorded for exceptional and distinguished service.

Dedicated to the physical, mental and spiritual wellbeing of humanity and gifted with utter clarity of perception, Sadhguru possesses a perspective on life and living that never fails to intrigue, challenge and surprise all those he encounters.

Sadhguru at Harvard Medical School, in Conversation with with Dr. Emery Brown, Professor of Anesthesia, Computational Neuroscience at MIT & Harvard and Dr Nicholas Schiff, Professor of Neuroscience at Cornell.



Select Speaking Engagements

Conferences & Forums

United Nations
[World Economic Forum \(Click\)
for Details](#)
World Presidents' Organization
Young Presidents' Organization
UK House of Lords
TED
Global Business Summit
Australian Leadership Retreat
India Today Conclave
Forbes India Leadership Awards
St. Petersburg International
Economic Forum

Corporate

Microsoft
Google
Daimler Chrysler
General Electric
Citibank
Sberbank of Russia

Education

Harvard University
Massachusetts Institute of
Technology
Rice University
Stanford University
Yale University
Wharton School of Business
Dartmouth University's Tuck
Executive Program
University of Michigan – Ross School
of Business
IMD Business School – Lausanne,
Switzerland
Indian Institute of Technology

Sadhguru with Indian Prime Minister Narendra Modi at the inauguration of the Adiyogi Statue at the Isha Center in India on 24 February 2017. This 112-foot tall statue stands in recognition of Adiyogi—the first yogi, and originator of Yoga. The Adiyogi Statue has been recognized as the "Largest Bust Sculpture" by the Guinness World Records.



Sadhguru distributing saplings during a Green School Movement as part of Project GreenHands. Since the project's inception in 2006, over 30 Million saplings have been planted through active people involvement.



A Commitment to Transformation

Sadhguru established Isha Foundation, a non-profit, volunteer-run organization operating in more than 300 centers and supported by over nine million volunteers worldwide. Through powerful yoga programs for inner transformation and inspiring social outreach initiatives, Isha Foundation has created a massive movement dedicated to addressing all aspects of human wellbeing.

Sadhguru has also initiated several projects for social revitalization, education and the environment through which millions of people have been given the means to overcome poverty, improve their quality of life and achieve community-based, sustainable development. In the fall of 2017, Sadhguru initiated Rally For Rivers, a nationwide campaign aiming to implement sustainable and long-term policy changes to revitalize India's severely depleted rivers, which found great support among India's people and leadership.

Sadhguru receiving the Padma Vibhushan Award for his contribution to spirituality by President Pranab Mukherjee on April 13, 2017



Awards & Honors

Padma Vibhushan Award by the Government of India—one of the highest annual civilian awards, accorded for exceptional and distinguished service, February 2017

New York Times bestseller list for *Inner Engineering: A Yogi's Guide to Joy*, September 2016

Special consultative status with the Economic and Social Council of the United Nations

Named one of India's 50 most influential people by "India Today" magazine

Indira Gandhi Paryavaran Puraskar—Government of India's highest environmental accolade, 2010

Guinness World Record for Project GreenHands, for planting over 800,000 trees in three days with over 200,000 volunteers, 2006

India Today's Safaigiri Awards for Project GreenHands, 2016

Interviews

New York Times

ABC News Australia

Huffington Post
(ongoing blog)

Bill Moyers PBS Special
– "Beyond our Differences"

National Geographic International
BBC, Bloomberg, CNBC and CNNI

Fox News

10% Happier with Dan Harris
PBS

Golf Digest
[Click to read](#) [Click to Watch](#)

Flaunt Magazine
[Click to read](#)

The Hollywood Reporter
[Click to read](#)

Addresses & Conferences

(Click link to view)



Sadhguru at the United Nations on World Water Day 2018: Water for Sustainable Development

<https://www.youtube.com/watch?v=IPRbreXWb4M>



Sadhguru at the United Nations 2016: Yoga for the achievement of the Sustainable Development Goals

<https://www.youtube.com/watch?v=DWtnKRL3ojo>



World Economic Forum and CII (2017) On Inclusive Economics

<https://www.youtube.com/watch?v=MLUJVpkoBM8>



World Economic Forum - Davos Annual Meeting 2006 - Ancient Wisdom on Modern Questions

<https://www.youtube.com/watch?v=CFMdb8u59Tw>



Sadhguru at TED Conference 2009

<https://www.youtube.com/watch?v=2rETWfA3Sq8>



Sadhguru at the Saint Petersburg International Economic Forum 2018 Transitional World:

What will Tomorrow Bring?
<https://www.youtube.com/watch?v=YDjwRK9oYwE>

Addresses & Conferences

(Click link to view)



Address at Google Headquarters
Developing an Inclusive Consciousness
<https://www.youtube.com/watch?v=QQn8X4FbpTM>



Sadhguru at Harvard Medical School
Memory, Consciousness & Coma
<https://www.youtube.com/watch?v=w7irEcQHChw>



In Conversation with Terry Tamminen
(CEO, Leonardo DiCaprio Foundation)
<https://www.youtube.com/watch?v=brxEGUoEjhc&t=1s>



In Conversation with Sir Ken Robinson
The Ideal Education
<https://www.youtube.com/watch?v=PAaWZTFRp9Q>



Sadhguru at Stanford School of Medicine
What Can Western Doctors Learn from
Yogic Science?
<https://www.youtube.com/watch?v=mLpbkMG6VfU>



In Conversation with Ed Begley Jr.
Sustainability: Is Consciousness the Key?
<https://www.youtube.com/watch?v=4QPxFb6WkrU>

Social Outreach

Sadhguru and Kiran Bedi, Lieutenant Governor of Puducherry, at the conclusion of a touch ball tournament during Isha Gramotsavam—yearly rural olympics—in September 2016.



Sadhguru and Hon. Union Minister of Human Resource Development Shri Prakash Javadekar giving an award to an Isha Vidhya student.



Action for Rural Rejuvenation

Free medical care and community rehabilitation covering more than 7 million people in 4,600 villages in Southern India.

Part of Action for Rural Rejuvenation, Isha Gramotsavam is a yearly festival, celebrating village life by showcasing the essence of rural Tamil Nadu through an elaborate display of rural games, art, drama, dance, music and food specialties. The event highlights the role of sports in rural life by featuring the final rounds of a state-wide inter-village sports tournament.

Project GreenHands

Massive public reforestation effort started in South India with over 33 million trees planted to date.

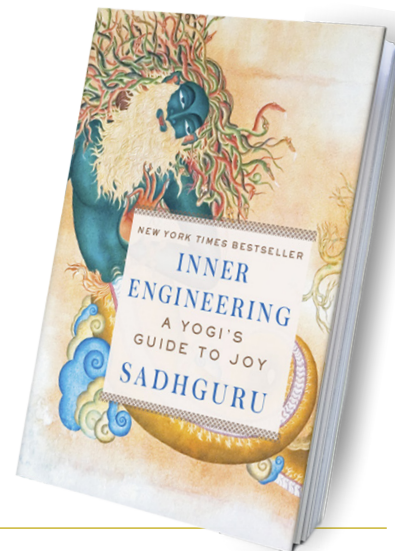
Isha Vidhya

A pioneering, quality program aiming to transform the lives of rural children by providing them with affordable, high- quality education. Today, 9 schools have been established, benefiting 6,415 students.

Isha is also carrying out critical interventions in 56 rural government schools in Tamil Nadu, benefiting over 34,000 students. In Andhra Pradesh, a project for direct intervention in 460 government schools is also underway, benefiting over 38,000 children.

The New York Times BESTSELLER

INNER ENGINEERING A Yogi's Guide to Joy



“My aim in this book is to help make joy your constant companion. To make that happen, this book offers you not a sermon, but a science; not a teaching, but a technology; not a precept, but a path.” - Sadhguru

Launched on 20 September 2016, the groundbreaking book 'Inner Engineering: A Yogi's Guide to Joy', was published by Spiegel & Grau/Random House. For the first time, Sadhguru presents Western readers with a path to achieving absolute well-being through the classical science of yoga in a practical, accessible book. It is a means to create inner situations exactly the way you want them, turning you into the architect of your own joy.

In this transformative book Sadhguru tells the story of his own awakening, from a boy with an affinity for the natural world, to a young daredevil who crossed the Indian continent on his motorcycle. He relates the moment of his enlightenment on a mountaintop in southern India, from which he emerged radically changed. Today, as the founder of Isha, he lights the path for millions. The wisdom distilled in this accessible, profound and engaging book offers readers the opportunity to achieve nothing less than a life of joy.



“Inner Engineering is a fascinating read of Sadhguru's insights and his teachings. If you are ready, it is a tool to help awaken your own inner intelligence, the ultimate and supreme genius that mirrors the wisdom of the cosmos.”
– **Deepak Chopra**

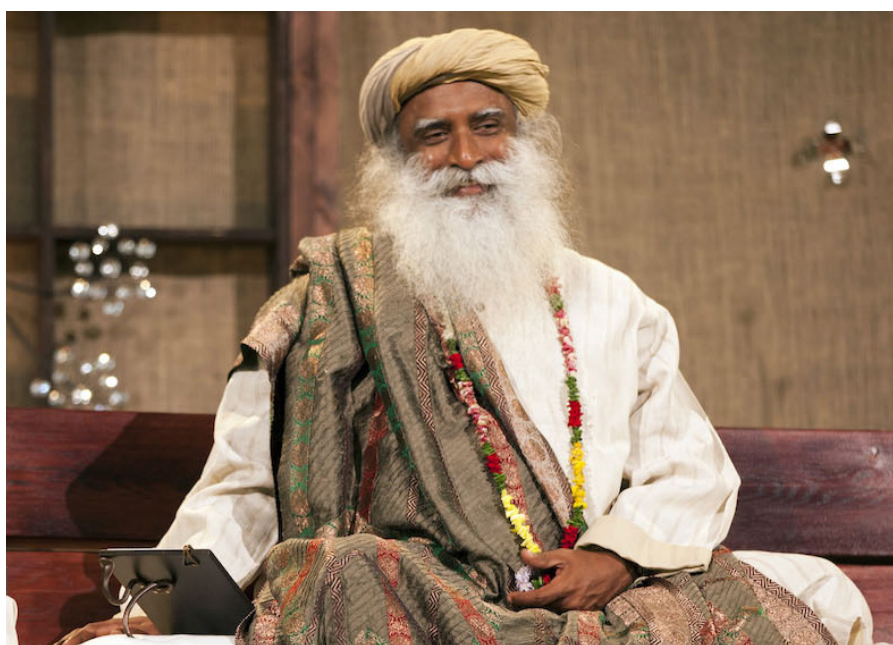


“I am inspired by Sadhguru's capacity for joy, his exuberance for life, and the depth and breadth of his curiosity and knowledge. His book is filled with moments of wonder, awe, and intellectual challenge. I highly recommend it for anyone interested in self-transformation.”
—**Mark Hyman, M.D. and Author**



“By any measure, Sadhguru is a remarkable man. For countless people around the world, he is a luminous spiritual guide. He is as well a pragmatic social activist and compassionate campaigner for human rights, for universal education, and for global peace and well-being. In this signature book, he sets out the personal experiences and deep insights that have transformed his own life and consciousness. More than that, he offers a practiced program for personal transformation that also draws from the venerable teachings of the yogic masters who continue to inspire him. Contrarian and consistent, ancient and contemporary, Inner Engineering is a loving invitation to live our best lives and a profound reassurance of why and how we can.”
—**Sir Ken Robinson, Educator and Author**







Rally for Rivers is a nation-wide campaign that Sadhguru has launched to create awareness about the state of India's rivers and urge the government to implement a positive river policy. The Rally proposes tree plantation on riversides as a means to increase river flow. To garner public support for the cause, in September 2017, Sadhguru drove himself from Kanyakumari to the Himalayas. Over 162 million people pledged their support making it a landmark people's movement in post-independence India. The draft policy recommendation was presented to Prime Minister Narendra Modi in October 2017.

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